WISDOM YEARS WEEKEND

LIVE YOUR LIFE WITH COURAGE AND CONFIDENCE

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The Wisdom Years Weekend was created to help men 50 and older live with courage and confidence. Often, these years also mark an important transition that brings new concerns and new opportunities.

WHAT HAPPENS ON THE WEEKEND?

On this weekend, men explore how to communicate deeply and honestly, to discuss the most important issues they face at this stage of their lives, to identify what may be blocking them from moving in the direction they really want to go, and to learn how to emerge into greater fulfillment and satisfaction.

While the weekend can be very serious, activities also include music, song, and ample doses of good-natured humor. On this weekend, men come together in a spirit of respect, safety, confidentiality, and hope.

WHAT HAPPENS AFTER THE WEEKEND?

After the weekend, men can continue their journey together by joining a Personal Growth Group. This group is facilitated by trained volunteers for six months, and most groups continue to meet after the facilitation.

CEU CREDITS: Licensed Counselors, Social Workers and Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.

SCAN FOR MORE INFORMATION

LEARN MORE...

victoriesformen.org/weekend/wisdom-years-weekend/

Open to all men over 50.

DATES:

OCTOBER 24TH & 25TH, 2026

STARTS ON SATURDAY 8:30 AM TO LATER IN THE EVENING
(BREAKFAST, LUNCH & SNACKS WILL BE SERVED)

SUNDAY 8:30 AM TO EARLY EVENING
(BREAKFAST & LUNCH WILL BE SERVED)

AFTER SATURDAY'S EVENING SESSIONS OCCURS YOU CAN EITHER GO TO THE COMFORT OF YOUR HOME OR FIND YOURSELF SOME OTHER ACCOMMODATION AT YOUR OWN EXPENSE.
*** WE CAN PROVIDE YOU A LIST OF NEARBY HOTELS IF NEEDED ***

LOCATION:

Heartwood Center
1818 Dempster St, Evanston, IL 60202

COST:

$600.00 - ($190 nonrefundable deposit reserves space)
Payment Plans and Financial Assistance are available.

REGISTER:

admin@victoriesformen.org • 312.604.5013
www.victoriesformen.org

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