Your Role in Creating Safety in Relationships

Victories ROUND TABLE

Open to all men who are interested!

DATE

SATURDAY: AUGUST 22, 2026
TIME: 9:00 AM TO 12 NOON

LOCATION: IN-PERSON

NOYES CULTURAL ARTS CENTER
STUDIO 100
927 NOYES STREET, EVANSTON, IL

REGISTRATION

CLICK HERE: HTTPS://WWW.VICTORIESFORMEN.ORG/EVENT/YOUR-ROLE-IN-CREATING-SAFETY-IN-RELATIONSHIPS-08-22-2026/
OR SCAN THE QR CODE ABOVE

COST PER TICKET $30
BRING A FRIEND!
YOU'RE ALWAYS WELCOME.
YOU CAN PAY AT THE DOOR.

Victories offers a safe and empowering place for men to discover more about themselves, connect with other men, and build the meaningful life they deserve. Victories supports a healthy masculinity that is affirming and constructive. Through vulnerability, compassion, communication, trust, we can make our families, our communities, our world, a happy, safe, vibrant space so that each and every person can thrive.

Victories of the Heart, NFP is an Illinois not-for-profit organization exempt from federal income tax under Sec. 501 of the Internal Revenue Code. Donations (but not weekend registrations) are deductible under IRS rules. Victories of the Heart, NFP does not offer professional services that require its regulation or registration by any state or professional licensing body.

CEU CREDITS: Licensed Counselors, Social Workers and Psychologists are eligible for 3 CEUs. Please indicate your interest in CEUs when registering or at the door. You will need to provide your license information at that time.

This program is focused on empowering participants to create safe, nourishing, and supportive relationships and recognizing hurtful and abusive behaviors. This is for men who are interested in establishing and maintaining healthy relationships with intimate partners, family members, friends and others in the community.

In this Round Table, participants gain a strong understanding of healthy relationship dynamics and the nuances within abusive relationships, helping them to build stronger, safer connections in all areas of their lives. Breakout groups are held for men to share their experiences.

CO-PRESENTERS:

Zoe Friedland, LCSW, is a therapist and community educator at SHALVA, providing individual therapy to survivors of domestic violence and facilitating educational programs and outreach initiatives. She incorporates creative interventions to promote healing and empowerment.

Jeff Blumenfeld, LPC, worked in social services for more than 25 years, holds a master's degree in adult education, and is a SHALVA board member. Also, he has served as a staff member for four Wisdom Years weekends. Prior to retirement, he was the director of career counseling with JVS – JCFS Chicago.

Learning Objectives: At the close of this Round Table, you will be able to:

- Describe how power and control shape abusive behaviors
- Identify red flags within relationships
- Practice tools for healthy communication
- List ways to promote safe, supportive relationships

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