

SHADOW WEEKEND

DISCOVERY, ACCEPTANCE, EMPOWERMENT

During this powerful advanced retreat, weekend participants continue their personal journey. Supported by weekend leaders and each other, participants engage in the challenging work of uncovering and embracing their “shadows,” the parts of their inner being that they have worked to conceal from themselves and the world.

By looking deep within and bringing the “shadow” into the light, men rediscover the potentials buried within: the strengths of character and individual talents that affirm their warmth and their worth.

COME WITH A GROUP

We encourage men to have a transformative weekend with fellow members of their group. Attending a weekend program like this together is a great way to re-invigorate your group! A Shadow Weekend Leader would be happy to visit your group to talk about the weekend.

WHAT DO PAST PARTICIPANTS SAY?

“Participating in the Shadow Weekend was life-changing work for me because it allowed me to experience and come to terms with deeper, more complex parts of myself in a safe way. Since completing my Shadow Weekend, I feel like I am my own ally instead of my own enemy.”

COVID POLICY

- Masking is always an option, but not required
- For residential programs a Covid-19 medical form is included in the participant registration packet and must be filled out by all attendees
- All participants and staff must take a Covid At-Home test just prior to attending a Victories in-person program
- Wellness screening may occur during any Victories program including Covid At-Home tests, temperature checks and general health questions.
- Post-event contact tracing and notification may occur if Victories is notified of possible attendee exposure to Covid-19

LEARN MORE...

 victoriesformen.org/sw

EXPLORE
AND OWN
ALL
PARTS OF
YOURSELF



Open for all Victories Alumni who have attended BreakThrough, Wisdom Years Weekends or a comparable program.

DATE

October 27, 28 and 29, 2023

LOCATION

Camp Emmaus, Oregon, IL

COST

\$790

(\$690 for sustaining members)

Payment Plans and Financial Assistance are available.

REGISTER

admin@victoriesformen.org

312.604.5013

www.victoriesformen.org

CEU CREDITS: Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in receiving CEU's when registering.