

MEN'S ROUND TABLE

BEING A SIGNIFICANT OTHER: INSIGHT AND TOOLS FOR SHARING A LIFE



Open to all men that are interested!

DATE

April 8, 2023 -
Saturday: 9AM to NOON
Coffee and Tea will be served



LOCATION: IN PERSON

Oakton Community College,
Des Plaines Campus Room 1610
Southern side of campus - Park in lot "C"

COVID Protocol: To keep people safe, we ask all participants to take a Rapid Home Test no more than 24 hours prior to the event. If you test positive, stay home. Wearing masks at the event is optional.

REGISTRATION

CLICK HERE: [HTTPS://WWW.VICTORIESFORMEN.ORG/EVENT/ROUND-TABLE-04-08-2023-BEING-A-BETTER-SIGNIFICANT-OTHER/](https://www.victoriesformen.org/event/round-table-04-08-2023-being-a-better-significant-other/)

COST: NO CHARGE

SUGGESTED DONATION: \$20

<https://www.victoriesformen.org/support-victories/>

Victories offers a safe and empowering place for men to discover more about themselves, connect with other men, and build the meaningful life they deserve. Victories supports a healthy masculinity that is affirming and constructive. Through vulnerability, compassion, communication, trust, we can make our families, our communities, our world, a happy, safe, vibrant space so that each and every person can thrive.

Victories of the Heart, NFP is an Illinois not-for-profit organization exempt from federal income tax under Sec. 501 of the Internal Revenue Code. Donations (but not weekend registrations) are deductible under IRS rules. Victories of the Heart, NFP does not offer professional services that require its regulation or registration by any state or professional licensing body.

LEARN MORE...

 [victoriesformen.org](https://www.victoriesformen.org)



The sense of wholeness that we all seek as individuals takes place best within a loving and intentional relationship.

Every significant relationship is in continual need for renewal.

This workshop will provide a theoretical grounding on relationships and offer skills to help you be your best self and bring out the best in your partner.

- We will explore what drives us to couple up and why we choose the people that we do.
- We will look at the current state of our relationship; what is successful and identify what needs work.
- We will learn how we build and maintain the friendship and trust that underlays an intimate and loving relationship
- Conflict is unavoidable, but We will learn that the hard truths and issues that need attention can be explored without reactivity and escalation.

Ultimately a couple needs to work on their relationship together, but gaining insight and understanding individually is a prerequisite for that work.