

BREAKTHROUGH WEEKEND



**CONNECT
WITH
YOURSELF
& OTHER
MEN**

During this powerful retreat led by experienced facilitators, men find a safe, supportive, and confidential place to explore the past and its impact on their present. They learn to identify and express their emotions, while building new connections with other men.

In the process, men will discover that they have the tools to succeed – that they are capable and worthy of having the life they want. After completing this weekend, men find greater compassion for themselves and others. With other men by their side, they can move forward with renewed confidence, trust, and optimism.

The BreakThrough Weekend incorporates communication exercises, journaling, role-playing, and discussions. While this program can be serious, humor and laughter also play important roles throughout the weekend.

After the weekend, men can continue their journey together by joining a Personal Growth Group (PGG). The weekend helps a man envision and gain an initial taste of the change he seeks; the PGG helps him make it real. Victories facilitates the group for the first six months, and most PGGs continue meeting after the facilitation.

CEU CREDITS: Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.

LEARN MORE...

 victoriesformen.org/btw

Open to all men over 21.

DATES

FRIDAY TO SUNDAY, JUNE 9-11, 2023

LOCATION

Camp Emmaus 3011 W Camp Rd, Oregon, IL

COST

\$690.00 - LODGING AND MEALS INCLUDED

(\$190 nonrefundable deposit reserves space)

Payment Plans and Financial Assistance are available.

REGISTER

admin@victoriesformen.org

312.604.5013

www.victoriesformen.org

COVID POLICY

- Masking is always an option, but not required
- For residential programs a Covid-19 medical form is included in the participant registration packet and must be filled out by all attendees
- All participants and staff must take a Covid At-Home test just prior to attending a Victories in-person program
- Wellness screening may occur during any Victories program including Covid At-Home tests, temperature checks and general health questions.
- Post-event contact tracing and notification may occur if Victories is notified of possible attendee exposure to Covid-19