

BUILDING MEANINGFUL CONNECTIONS



**CONNECT
WITH
YOURSELF
& OTHER
MEN**

A NEW VIRTUAL PROGRAM. Open to all men over 21.

During this powerful program led by experienced facilitators, men find a safe, supportive and confidential place to explore the past and its impact on their present. They learn to identify and express their emotions, while building new and trusting connections with other men. More specifically, this group program offers:

- A circle of friendship
- A place to continue learning and self-discovery
- Connection, support, and acceptance from the men of his program group
- Accountability and commitment
- Safety – where a man can be vulnerable and authentic
- Confidentiality
- Connection to the broader Victories community

In the process, men will discover that they have the tools to succeed, that they are capable and worthy of having the life they want.

CONTINUING THE JOURNEY

At the conclusion of the facilitated portion of this program, men find greater compassion for them-selves and others. With other men by their side, they can continue their journey with renewed confidence, trust, and optimism.

They may continue in the existing group and/or attend other Victories programs – as a group or individually. Personal growth is a journey and we would welcome the opportunity to “be alongside you” every step of the way!

CEU CREDITS: Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 12 CEU's.
Please indicate your interest in CEU's when registering.

LEARN MORE...

victoriesformen.org/bmc

The Building Meaningful Connections incorporates communication exercises, journaling and discussions. While this program can be serious, humor and laughter also play important roles throughout the process.

DATES

STARTS the weekend of 09/23/22

(4 sessions over the first weekend)

Fri - September 23,	Session 1: 7:00pm - 9:00pm
Sat -September 24,	Session 2: 9:00am - 12:00pm
	Session 3: 1:30pm - 4:30pm
Sun - September 25,	Session 4: 9:00am - 12:00pm

The group will meet once a week every TUESDAY evening for 5 sessions starting on 10/04/22 and will last until final session on 11/01/22

Weeknight Program Sessions

(5 sessions in total, 7:00pm - 9:00pm each night)

Tuesday, October 4, October 11, October 18, October 25, November 1

Friday September 23 will consist of a brief 15 minute check-in call between the facilitators and each participant. To be arranged in mid-September.

LOCATION: Virtual -- Zoom

COST: \$250.00

(\$75) nonrefundable deposit reserves space)

Payment Plans and Financial Assistance are available.

REGISTER: admin@victoriesformen.org
or Call: 312.604.5013

CLICK HERE:

[HTTPS://WWW.VICTORIESFORMEN.ORG/EVENT/BUILDING-MEANINGFUL-CONNECTIONS-PROGRAM-3/](https://www.victoriesformen.org/event/building-meaningful-connections-program-3/)

