

# DEEPENING WORK WITH MEN IN THERAPY

Individual, Group, & Experiential Approaches

Historically, men have been less frequent consumers of mental health services than women. Join Dr. Bricker and Dr. Volden as they give an overview of some of the gender differences that may influence men's pursuit of (or avoidance of) psychotherapy and counseling. The presenters will also:

- Identify the variety of approaches available to clinicians working with men, from traditional individual therapy to the use of "empty chair" techniques, group therapy, and immersive extra-therapeutic retreats;
- Explore a variety of ways to deepen therapeutic work with men by moving the work into a more explicitly experiential realm – what is known as chair work, or "the empty chair technique," informed by Emotion-Focused Therapy (EFT);
- Address how group therapy further expands the experiential landscape for men in therapy, including member selection, group dynamics in men's groups, and the emphasis on "here and now" phenomena;
- Describe how experiential weekend men's retreats complement and enhance work with men in psychotherapy by either providing a "jump start" to work or an intensification of deep work already underway;
- Share their own experiences participating in Victories and the ways in which their work as therapists was enhanced by their own self-exploration on these retreats; and
- Conclude with questions and comments from attendees.

After the presentation, attendees will be invited to stay for socializing, networking, and refreshments. Ron Rooth, Board Member for Victories, will also be in attendance to answer questions and provide more information about their weekend retreats and other programs.

## WHEN

Friday, September 20, 2019  
Program: 5:00-6:30pm  
Social: 6:30pm-7:15pm

## LOCATION

Waterford Condo Hospitality Suite  
4170 N Marine Dr  
Chicago, IL 60613

## PRESENTERS

Michael Bricker, PhD  
Rick Volden, PhD

## COST

\$20

## CEUS

Individuals with LCSW, LCPC, LMFT, and licensed Psychologists will receive 1.5 CEUs for attending this program

## QUESTIONS

Contact Victories at 312.604.5013 or [admin@victoriesformen.org](mailto:admin@victoriesformen.org)

## REGISTER

[www.victoriesformen.org/ceu](http://www.victoriesformen.org/ceu)