

# WISDOM YEARS WEEKEND

LIVE YOUR  
LIFE WITH  
COURAGE  
AND  
CONFIDENCE



## LIVE LIFE WITH COURAGE & CONFIDENCE

The Wisdom Years Weekend was created to help men 50 and older live with courage and confidence. Often, these years also mark an important transition that brings new concerns and new opportunities.

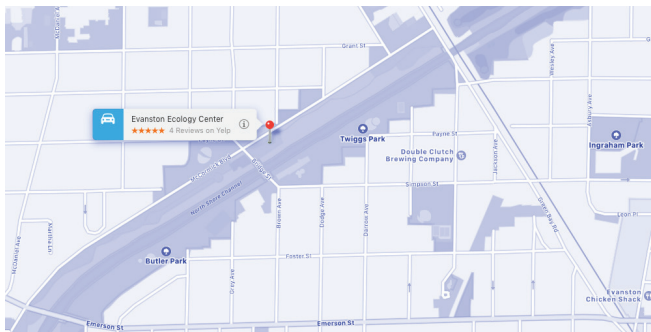
## WHAT HAPPENS ON THE WEEKEND?

On this weekend, men explore how to communicate deeply and honestly, to discuss the most important issues they face at this stage of their lives, to identify what may be blocking them from moving in the direction they really want to go, and to learn how to emerge into greater fulfillment and satisfaction.

While the weekend can be very serious, activities also include music, song, and ample doses of good-natured humor. On this weekend, men come together in a spirit of respect, safety, confidentiality, and hope.

## WHAT HAPPENS AFTER THE WEEKEND?

After the weekend, men can continue their journey together by joining a Personal Growth Group. This group is facilitated by trained volunteers for six months, and most groups continue to meet after the facilitation.



LEARN MORE...

[victoriesformen.org/wyw](https://victoriesformen.org/wyw)

Open to all men over 50.

## DATES:

MAY 6TH & 7TH, 2023

STARTS ON SATURDAY 8:30 AM TO LATER IN THE EVENING  
(BREAKFAST, LUNCH & DINNER WILL BE SERVED)

SUNDAY 8:30 AM TO EARLY EVENING  
(BREAKFAST & LUNCH WILL BE SERVED)

\*\*\*AFTER SATURDAY'S EVENING SESSIONS OCCURS YOU CAN EITHER GO TO THE COMFORT OF YOUR HOME OR FIND YOURSELF SOME OTHER ACCOMMODATION AT YOUR OWN EXPENSE.\*\*\*

\*\*\* WE CAN PROVIDE YOU A LIST OF NEARBY HOTELS IF NEEDED \*\*\*

## LOCATION:

EVANSTON ECOLOGY CENTER  
2024 McCormick Blvd. Evanston, IL 60201

## COST:

\$450.00 - (\$190 nonrefundable deposit reserves space)  
Payment Plans and Financial Assistance are available.

NOTE: A refund will be converted to another Wisdom Years program or refunded if cancelled due to Covid.

## REGISTER:

admin@victoriesformen.org • 312.604.5013

[www.victoriesformen.org/INFO TO COME](https://www.victoriesformen.org/INFO%20TO%20COME)

## COVID POLICY

- We adhere to CDC and local government standards.
- All staff and participants must be vaccinated and boosted.
- A negative rapid or PCR test is required 72 hours prior to the event.
- Regular screening will occur during the weekend including temperature checks and health questions.

CEU CREDITS: Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.