

# SHADOW WEEKEND

## DISCOVERY, ACCEPTANCE, EMPOWERMENT

### EXPLORE & OWN ALL PARTS OF YOURSELF

During this powerful advanced retreat, weekend participants continue their personal journey. Achieve greater wholeness, increased power, and improved relationships by discovering and owning all parts of yourself.

### WHAT HAPPENS ON THE WEEKEND?

Supported by weekend leaders and each other, participants engage in the challenging work of uncovering and embracing their “shadows,” the parts of their inner being that they have worked to conceal from themselves and the world.

By looking deep within and bringing the “shadow” into the light, men rediscover the potentials buried within: the strengths of character and individual talents that affirm their warmth and their worth.

### COME WITH YOUR GROUP!

We encourage men to have a transformative weekend with members of their PGG. Attending a weekend program like this together is a great way to re-invigorate your group!

### ATTEND AN INTRO SESSION

Curious about the Shadow Weekend? Attend the Glimpse Your Shadow introduction evening

### WHAT DO PAST PARTICIPANTS SAY?

“Participating in the Shadow Weekend was life-changing work for me because it allowed me to experience and come to terms with deeper, more complex parts of myself in a safe way. Since completing my Shadow Weekend, I feel like I am my own ally instead of my own enemy.”

LEARN MORE...

 [victoriesformen.org/sw](http://victoriesformen.org/sw)

## EXPLORE AND OWN ALL PARTS OF YOURSELF



Open to BreakThrough and Wisdom Years Alumni.

### DATE

October 16-18, 2020

### LOCATION

Camp Emmaus, Oregon, IL

### COST

\$790 (\$190 nonrefundable deposit reserves space)  
Payment Plans and Financial Assistance are available.

### REGISTER

[www.victoriesformen.org/sw](http://www.victoriesformen.org/sw)  
312.604.5013

### LEARN MORE

Visit the website to watch a video, read FAQs, and read testimonials from past participants.

### EARN CEUS

Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. There is a \$25 certificate fee due after the weekend. Please indicate your interest in CEU's when registering.