

## **Crisis Management Resources**

In June of 2013 all Victories weekend and PGG leaders attending a crisis management training program run by Turning Point Behavioral Health Care Center ([www.tpoint.org](http://www.tpoint.org)). As part of this training Turning Point provided the below list of metro Chicago resources available for persons in crisis or in emergencies.

In addition to providing this information to any member of your PGG that you feel might be in a crisis, also please feel free to consult with a member of the PGG Leadership Team or the PGG Clinical Consultants. We are here to support you and PGG members in any type of crisis (if the members fear there is a threat of harm to self or other).

Here is the basic contact information to use for any questions or requests for assistance:

### **PGG Lead Clinician**

Biff Bannon: (847) 951-9732

### **PGG Leadership Email**

[pgg\\_leaders@victoriesoftheheart.org](mailto:pgg_leaders@victoriesoftheheart.org)

# Resources

These resources provided by Turning Point Behavioral Health Care Center  
([www.tpoint.org](http://www.tpoint.org))

## **CRISIS LINES**

Turning Point Behavioral Health Center

EST Crisis: (847)933-0051

Offers: 24 hr/365day crisis assessment, referral, and support

Northwestern Memorial Hospital

(312)926-8100

Offers: 24 hour crisis assessment and referral only

Jackson Park Hospital

(800) 763-9996

Offers: crisis assessment, referral, and support

## **LIVING ROOM AND DROP-IN CENTERS**

Turning Point Living Room Program

8324 Skokie Blvd, Skokie, IL

(847)933-9020

Hours: Tuesday-Friday, Sunday, 3pm-8pm

Offers: In-person crisis intervention, space in which to rest or relax. Linkage with referrals for emergency housing, healthcare & food

Threshold's Drop in Center

Peer-Lead Support,

8050 N. Monticello Ave., Skokie, IL

(773)537-3140

Hours: Wednesdays, Fridays and Saturdays 9a-5pm

Offers: Peer Lead Support, Socialization & Support

Community Counseling Center of Chicago (C4)

Peer-run Drop In & Resource Center (Peer Ran)

5710 N. Broadway, Chicago IL 60660

(773) 765-0487

Hours: Monday – Friday 11:00am-4:00pm; Open 365 days.

Offers: Peer Lead Support Groups, Socialization & Support, Peer Advocacy, Art and Crafts activities, etc.

The Beacon (part of Trilogy Inc.)

Peer-run Drop In & Resource Center.

1400 W. Greenleaf, Chicago IL 60626

(773) 508-6100

Hours: Monday – Friday 7:30am – 3:30pm Saturday & Sunday 12 – 4pm;

Offers: Socialization, Recreation, Computer Access, Job Seeking Services & Support,

### **TALK LINES**

In-Touch

312-996-5535

Available: 6 pm – 10:30 pm, 7 nights a week

*Funded by University of Illinois*

Warm Line – Peer and Family Support

1-866-359-7953

Available: 8 am – 5 pm, Mon-Fri

*Funded by DHS/Dept of Mental Health*

National Suicide Prevention Talk line

1-800-273-8255 – English

1-888-628-9454 – Spanish

Disaster Distress Helpline

1-800-985-5990 or text "TalkWithUs" to 66746

Spanish speakers: Text "Hablanos" to 66746 for 24/7 emotional support.

TTY for Deaf/Hearing Impaired: 1-800-846-8517

The Disaster Distress Helpline is a 24-hours-a-day, 7-days-a-week national hotline dedicated to providing disaster crisis counseling. The toll-free Helpline is confidential and multilingual, and available for those who are experiencing psychological distress as a result of natural or man-made disasters, incidents of mass violence, or any other tragedy affecting America's communities.

### **SUPPORT GROUPS**

Support group for military families:

Every Tuesday (Starting: February 1, 2011)

6:00 p.m. to 7:30 p.m.

Alexian Brothers Med/Roncoli Center

600 Alexian Way

Elk Grove Village, IL 60007

Free Bipolar/Depression support group

At Evanston hospital:

Dorothy Jerome – (773) 907 - 9176

Emotions Anonymous: 12-step support group for emotional support

Find meetings and contacts here: <http://allone.com/12/ea/>

**SKOKIE - Chicago/North Suburb**

TUES 6:45 PM Turning Point

8324 Skokie Blvd., Group room 1

Contact: Mary, 847-803-2257, [mary\\_larkin@hotmail.com](mailto:mary_larkin@hotmail.com).

**Alternative contact: Greg, 847-677-5480, gdsman@prodigy.net**

**EVANSTON**

FRI 8:30 PM Unity Church on the North Shore  
3434 Central St.

**Contact: JAKE 847-962-3022**

**CHICAGO**

SAT 12:30 PM Lincoln Park Alano Club  
2100 N. Sheffield.

**Contact: MATT 773-785-9813**

**LAKE FOREST**

TUES 7 PM Lake Forest Hospital, Main Entrance, Conference Room D  
660 N. Westmoreland Rd.

**Contact: MEA 847-757-3368**

**LOMBARD -Chicago/W Suburb/No Smoking**

TUES 7:30 PM St. Timothy Evangelical Lutheran Church  
547 N. Main St.

**Contact: LEE 630- 835-7770**

See Additional Self-Help Group List at End of Appendix

**Community Resource Programs**

**SAMHSA** Mental Health Facility Locator website [www.mentalhealth.samhsa.gov](http://www.mentalhealth.samhsa.gov) (click on the map on the RHS of the screen for the facility locator. Search by state, city, and type of facility needed)

**COMMUNITY MENTAL HEALTH CENTERS**

**METROPOLITAN CHICAGO**

**North Side**

**DePaul Community Mental Health Center**

2219 N. Kenmore Rm #300

Chicago, IL 60614

773-325-7780

Offer: Counseling, psych eval and treatment, medication monitoring, group

\$\$\$Accepts Medicaid and Sliding Scale\$\$\$

**UIC Women's Mental Health Clinic**

1601 W. Taylor St. Chicago, IL 60612

*Services:* The Women's Mental Health Program at UIC remains the only program in Illinois to offer both inpatient and outpatient women's mental health services, and the

only program to also provide both inpatient and outpatient services specifically for pregnant women.

**St. Francis Hospital (Comprehensive Mental Health Center)**

355 Ridge Ave  
Evanston, IL 60202  
847-316-6250

*Services: provides outpatient mental health and psychiatric services.*  
Medicaid, insurance, Medicare, self-pay

**Cathedral Counseling Center** (verified 8/2011) [www.cathedralcounseling.org](http://www.cathedralcounseling.org)

Multiple Locations  
Call 312-252-9500 to access all locations or for intake

Chicago Office: 50 E Washington, Suite 301, Chicago, IL 60602  
Evanston Office: 1509 Ridge, Evanston, IL 60201  
Hyde Park Office: 4945 S Dorcheser, Floor 1, Chicago, IL 60615

NO MEDICAID! Adults only. Medicare, private insurance, sliding scale (lower then ours \$42-150, sliding scale also for psych rates)

**Community Counseling Center of Chicago (C4)**

4740 N. Clark  
Chicago, IL 60626  
773-769-0205  
Individual therapy, Children and adolescents, psychiatrist  
Medicaid only

**JPA Family and Child Development Center**

1707 N. Halsted  
Chicago, IL 60614  
312-440-1203  
Therapeutic/support services for children and their family. Also offer individual and couples therapy.  
Sliding Scale, Medicaid, Medicare

**Northwest MHC**

2354 N. Milwaukee  
Chicago, IL 60647  
312-744-0993  
Offer adult counseling, psychiatrist (limited)  
Sliding Scale, Medicaid/Care, some Insurance

**Circle Family Care**

1633 N. Hamlin  
Chicago, IL 60647

773-276-1200

Offer adult counseling and psychiatric services  
Medicaid/Care

### **Thresholds**

4101 North Ravenswood Ave  
Chicago, IL 60613  
773-572-5500

<http://www.thresholds.org/>

Housing: group homes, supportive housing, independent housing, outreach to homeless individuals

Counseling: Mental illness + substance abuse, parenting skills groups, adolescents (16 and up), therapeutic school

Job retention and supportive employment programs

Counseling: Medicaid, insurance; Housing Fees Vary depending on program

### **South Side**

#### **Lawndale MHC**

1201 S. Campbell  
Chicago, IL 60608  
312-746-5905

Psychiatrist, Therapy, Groups, Adults only

Sliding Scale, Medicaid/Care, Insurance (no HMOs)

#### **Woodlawn MHC**

6337 S. Woodlawn  
Chicago, IL 60637  
312-747-0059

Offer Counseling, Psychiatric services, Adults only, Groups

Sliding Scale, Medicaid/Care, most insurance

#### **Back of the Yards MHC**

4313 S. Ashland Ave  
Chicago IL 60609  
312-747-3560

Offer Adult counseling, Psychiatric evaluation, some groups,

Sliding Scale, Medicaid/Care, insurance

#### **Roseland (Chicago Family Health Center) MHC**

120 W. 111<sup>th</sup>, St  
Chicago, IL 60628  
773-768-5000

Outpatient counseling and psychiatric evaluation, children and adults, families

Sliding Scale, Medicaid, Medicare, insurance

#### **East Side MHC**

10536 S. Ewing Ave  
Chicago, IL 60617  
773-768-5000

Outpatient counseling and psychiatric evaluation, children and adults, families  
Sliding Scale, Medicaid, Medicare, insurance

**South Chicago Center**

9119 South Exchange Ave.  
Chicago, IL 60617  
773-768-5000

Outpatient counseling and psychiatric evaluation, children and adults, families  
Sliding Scale, Medicaid, Medicare, insurance

**Pullman Center**

556 E. 115<sup>th</sup> Street  
Chicago, IL 60628  
773-768-5000

Outpatient counseling and psychiatric evaluation, children and adults, families  
Sliding Scale, Medicaid, Medicare, insurance

**Albrin Greshim MHC**

1140 West 79<sup>th</sup> street  
Chicago, IL 60620  
312-747-0881

Outpatient adult services, psychiatric services,  
Sliding scale, Medicaid/Care, Insurance

**ProCare Centers**

1820 S. 25<sup>th</sup>  
Broadview, IL 60153  
708-338-3806

Behavior Health for Adults and Children  
Sliding Scale, Medicaid/Care, Insurance

**West Side**

**Cicero Family Services**

5341 W. Cermak  
Cicero, IL 60804  
708-656-6430

Offer Adult, child, family counseling, med management, case management, parenting  
classes, substance use

Sliding Scale

**Circle Family Care**

4909 West Division  
Chicago, IL 60644

773-921-8100

Adults, children, families, psychiatric services, adult groups  
Medicaid, sliding scale

**Leyden Family Services**

10001 W. Grand Ave  
Franklin Park, IL 60131  
847-451-0330  
Adult and Child Counseling  
\$\$\$ Sliding Scale\$\$\$

**Oak Park/River Forest Family Services**

120 S. Marion  
Oak Park, IL 60302  
708-383-7500  
Offer Adult, child, family counseling  
Sliding Scale, Medicaid/Care

**Jewish Family and Community Service**

312-357-4800  
216 W. Jackson  
Chicago, IL 60606  
Offer counseling services, family life education, child development center, Groups,  
Counseling for the hearing impaired, Service to the elderly, financial assistance, AIDS  
service and support, Response center  
\$\$ Accepts Medicaid and has sliding scale\$\$\$

**North Suburbs**

**Cook County**

**Alexian Brothers Center for Mental Health**

3350 Salt Creek Lane, Unit 114  
Arlington Heights, IL 60005  
847-952-7460 (main intake)  
Offer counseling and psychiatric services for adults (will do meds-only for Medicaid &  
self-pay), children, have PSR day program (plus free grant-funded supported education  
and supported employment), TLP (transitional living) program (up to 2-year stay) for  
residents of Wheeling Township (plus CILA housing for chronic psychiatric patients but  
wait is 5-10 years). Also has partial hospitalization program for individuals age 18 and  
up (excluding Medicaid patients), not limited to catchment area.  
Accept Medicaid, private insurance (including BCBS HMO), Medicare and have sliding  
scale; however, accept Medicaid and sliding scale only for residents of Wheeling &  
Palatine Townships.

**Behavioral Services Center**

Skokie, IL 60077

847-673-8577

Outpatient substance abuse counseling, Anger Management, Domestic Violence Assessments, parenting classes/coaching, therapy  
Accepts Medicaid (substance abuse services only), Medicare, Private Insurance, Sliding Scale

**Evanston Hospital**

2650 Ridge Ave

Evanston, IL 60201

In-Patient Services: 847-570-2820

Day Care Program: 847-570-2684

Adult Outpatient: 847-570-2720

Child and Adolescent Outpatient: 847-570-2823

\$\$\$Medicaid/Care, Private Insurance\$\$

**Family Service Center of Wilmette, Glenview, Northbrook, Kenilworth**

1167 Wilmette Ave

Wilmette, IL

847-251-7350

Adults and children in area, chronic mentally ill,

\$\$\$ Sliding Scale, Medicare, and Insurance. No Medicaid\$\$\$

**Irene Josselyn Center**

405 Central Ave

Northfield, IL

847-441-5600

Offer counseling, psych eval and treatment, medication monitoring, substance abuse.

\$\$\$ Sliding Scale, Insurance, Medicaid/Care\$\$

**Jewish Family and Community Services**

5150 Golf Road

Skokie, IL 60077

847-568-5200

Counseling Services, substance abuse, groups

\$\$\$Sliding Scale, Medicare. No Medicaid!!

**Kenneth Young Center**

1001 Rolhwing Road

Elk Grove, IL 60007

847-524-8800

Adult and Child counseling, Spanish

**Lutheran Social Services of IL**

4840 W. Byron

Chicago, IL 60614

773-282-7800

Counseling, psych eval/treatment, medication monitoring (only to on going clients)  
Substance abuse,  
\$\$\$ Sliding Scale, Insurance, \$\$\$

**Maine Township MHC**

832 Busse Highway  
Park Ridge, IL 60068  
847-696-1376

Counseling, psych eval, medication monitoring, rehab/day program, residential program

**Niles Family Services**

999 Civic Center Drive  
Niles, IL  
847-588-8460

\*\*Only Niles Residents\*\*

Offer counseling, financial assistance, adolescents and children  
Sliding Scale only, Medicare

**Salvation Army: Des Plaines Corps**

609 West Dempster  
Des Plaines IL, 60018  
847 981-9111

Food Pantry, Rent assistance, Utility assistance, Counseling  
Sliding Scale for counseling (could be free, depends on income)

**Lake County**

**Avon Township Offices**

423 E. Washington Street  
Round Lake Park  
847.377.8855

(Just west of Hainesville Road, on the south side)  
Sliding Scales/Medicaid/Medicare/BCBS

**Behavioral Health Services**

400 Winchester Road  
Libertyville  
847.984.5090

Closed Fridays

(Approximately 2 blocks west of Milwaukee Ave. - Rte. 21, on the north side)  
Sliding Scales/Medicaid/Medicare/BCBS

**Horizons**

970 S. McHenry  
Crystal Lake, IL 60014  
815-455-7100

Offer counseling, psychiatric evaluation, treatment, partial hospitalization, substance abuse

\$\$\$ Insurance (all) Medicare, no sliding scale or Medicaid

### **Lake County Behavioral Health Services**

2645 Washington St. Suite 210

Waukegan, IL

847-360-6725 adults 847-360-3160 Children

Offer Counseling, psychiatric evaluation, treatment, day treatment program, substance abuse, residential program, groups

\$\$\$ Sliding Scale, Insurance, Medicaid/Care\$\$\$

### **Lake County Health Department/Community Health Center**

3010 Grand Avenue

Waukegan

847.377.8180

Sliding Scales/Medicaid/Medicare/BCBS

### **SOUTH SUBURBS**

#### **Grundy County MHC**

1320 Union

Morris, IL 60450

815-941-3138

Outpatient counseling for adults and children

Sliding Scale, Medicaid/Care

#### **Helen Wheeler Center**

275 E. Court Street

Kankakee, IL 60901

815-939-3543

Outpatient counseling adults and children

Sliding Scale, Medicaid/Care

#### **Metropolitan Family Services/Southwest**

13136 S. Western Ave

Blue Island, IL 60406

708-371-5170

Offer Child and adult counseling, psychiatric evaluation, groups, family

Sliding Scale, Medicaid/Care, No insurance

#### **Pillars**

Comprehensive Social Services Agency w/ multiple locations

6918 Windsor Avenue

Berwyn, IL 60402

708.PILLARS (745.5277)

<http://www.pillarscommunity.org/>

Sliding Scale, Medicaid/Care

**Stepping Stone MHC**

7324 Archer Rd

Summit, IL 60501

708-383-7500

Offer Counseling for adults and children, psych eval

Sliding Scale, Medicaid/Care

**Stickney MHC**

5635 State Road

Burbank, IL 60459

708-424-9200

Counseling, Psychiatric evaluation

**WEST SUBURBS**

**Dupage County:**

**West Chicago Mental Health Center**

245 W. Roosevelt Road, Building 15, Suite 107.

(630) 627-1700

**Dupage Community Clinic:**

(630) 682-0639

1506 East Roosevelt Road

Wheaton, IL 60187

Open 8-4, Free clinic Must have "Access DuPage"

**Will County**

All offices use this number: 815-727-8521.

Joliet Office

501 Ella Avenue

Joliet, IL 60433

Northern Branch Office

323 Quadrangle Drive

Bolingbrook, IL 60440

Eastern Branch Office

44 Town Center Drive

University Park, IL 60466

**McHenry County**

**Family Service**

Adult day treatment/ Psychosocial rehabilitation

4100 Veterans Parkway

McHenry, IL 60050

**(815) 385-6400**

**Info@familyservicemch.org**

**FOOD PANTRIES**

Niles Township Food Pantry

5255 Main St., Skokie IL 60077

847-983-0073

Catholic Charities  
1717 Rand Rd, Des Plaines, IL 60016  
847-376-2101

Rest Women's Shelter  
1011 W. Wilson, Chicago IL 60640  
773-784-1087  
7 days a week Breakfast 7-8am & 9-10pm Dinner

New Seed Pantry  
4716 N. Malden, Chicago IL  
773-561-2655  
Food last 2 Sundays of each month 10am-12:30pm

United Church of Roger's Park  
1545 W. Morse, Chicago IL  
773-761-2500  
Meals Sunday 5-6pm

## **SHELTERS**

### *Department of Human Services*

Suburbs 1-800-725-5314

Chicago 1-800-654-8595

Individuals call from a public place (hospital, police station) within the city of Chicago and DHS picks them up (probably a long wait) and takes them to a shelter.

### *National Runaway Switchboard*

Youth and their families can call to be linked to appropriate agencies

Business phone: 773-880-9860

Crisis phone: 800-621-4000

Website: [www.nrccrisisline.org](http://www.nrccrisisline.org)

## **DOMESTIC VIOLENCE PROGRAMS**

Salvation Army  
4800 N. Marine Drive  
Chicago IL 60640  
Phone: 773-275-6233

Offer **Violence Prevention & Intervention Services:** Groups for victims of domestic violence, perpetrators of domestic violence and individuals struggling with anger management issues.

Center for Contextual Change

9239 Gross Point Road, Skokie

815 W. Van Buren, Chicago

180 W. Park Avenue, Elmhurst

Call 847-676-4447 x304 for appointments

Offer: Offender programs, trauma counseling, childhood wounds, Non-offending parents & care givers services. (As of 6/1/13) Domestic Violence group running right now in Elmhurst & will run more as they get clients.

### **NEGLECT & ABUSE REPORTING**

IL Child abuse Hotline for DCFS: 1-800-25-ABUSE

[www.state.il.us/dcf](http://www.state.il.us/dcf)

Elder Abuse Hotline at 1-800-252-8966

[http://www.state.il.us/aging/1abuselegal/abuse\\_reporting.htm](http://www.state.il.us/aging/1abuselegal/abuse_reporting.htm)