

# BREAKTHROUGH WEEKEND



**CONNECT  
WITH  
YOURSELF  
& OTHER  
MEN**

## RECEIVE SUPPORT FROM OTHER MEN

During this powerful retreat, men find a safe, supportive, and confidential place to explore the past and its impact on their present. They learn to identify and express their emotions, while building new connections with other men.

## WHY DO THE WEEKEND?

Men attend this weekend for all different reasons, and each man has a different story. On this weekend, men will discover that they have the tools to succeed, that they are capable and worthy of having the life they want. After completing this weekend, men find greater compassion for themselves and others. With other men by their side, they can continue their journey with renewed confidence, trust, and optimism.

## WHAT HAPPENS ON THE WEEKEND?

The BreakThrough Weekend incorporates communication exercises, journaling, role-playing, and discussions. While this program can be serious, humor and laughter also play important roles throughout the weekend.

## WHAT HAPPENS AFTER THE WEEKEND?

After the weekend, men can continue their journey together by joining a Personal Growth Group. This group is facilitated by trained volunteers for six months, and most groups continue to meet after the facilitation.

LEARN MORE...

 [victoriesformen.org/btw](http://victoriesformen.org/btw)

Open to all men over 21.

## DATES

2020: Jun 5-7, Oct 23-25, Dec 4-6

## LOCATION

All weekends except June are held at  
House in the Wood, Delavan, WI  
June is held at Camp Emmaus, Mt Morris, IL

## COST

\$790 (\$190 nonrefundable deposit reserves space)  
Payment Plans and Financial Assistance are available.

## REGISTER

[www.victoriesformen.org/btw](http://www.victoriesformen.org/btw)

312.604.5013

## LEARN MORE

Visit the website to watch a video, read FAQs, and read testimonials from past participants.

## EARN CEUS

Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. There is a \$25 certificate fee due after the weekend. Please indicate your interest in CEU's when registering.