

# BREAKTHROUGH WEEKEND



**CONNECT  
WITH  
YOURSELF  
& OTHER  
MEN**

During this powerful retreat led by experienced facilitators, men find a safe, supportive, and confidential place to explore the past and its impact on their present. They learn to identify and express their emotions, while building new connections with other men.

In the process, men will discover that they have the tools to succeed – that they are capable and worthy of having the life they want. After completing this weekend, men find greater compassion for themselves and others. With other men by their side, they can move forward with renewed confidence, trust, and optimism.

The BreakThrough Weekend incorporates communication exercises, journaling, role-playing, and discussions. While this program can be serious, humor and laughter also play important roles throughout the weekend.

After the weekend, men can continue their journey together by joining a Personal Growth Group (PGG). The weekend helps a man envision and gain an initial taste of the change he seeks; the PGG helps him make it real. Victories facilitates the group for the first six months, and most PGGs continue meeting after the facilitation.

**CEU CREDITS:** Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.

LEARN MORE...

 [victoriesformen.org/btw](https://victoriesformen.org/btw)

Open to all men over 21.

## DATES

FRIDAY TO SUNDAY, MARCH 10-12, 2023

## LOCATION

House In The Wood: 3300 Bay Rd, Delavan, WI 53115

## COST

\$690.00 - LODGING AND MEALS INCLUDED

(\$190 nonrefundable deposit reserves space)

Payment Plans and Financial Assistance are available.

## REGISTER

[admin@victoriesformen.org](mailto:admin@victoriesformen.org)

312.604.5013

[www.victoriesformen.org](https://www.victoriesformen.org)

## COVID POLICY

- We adhere to CDC and local government standards.
- All staff and participants must be vaccinated and boosted.
- A negative PCR test is required 72 hours prior to the event or rapid (if you had covid in the last 90 days).
- Regular screening will occur during the weekend including temperature checks and health questions.

*The nature of the in-person BreakThrough Weekend requires that we see each other's facial expressions, and elements of the work include close physical proximity and appropriate touching. Thus, during the weekend, staff and participants are not required to wear a mask (though you may if you wish), and we will not maintain social distancing at all times. For those who do not wish to be in this environment, we encourage you to investigate Victories' online/virtual programs.*