

# FACILITATING PERSONAL GROWTH GROUPS

Open to Victories Alumni & referring professionals

### LOCATION

Lake Street Church 607 Lake Street, Parlor Room Evanston, IL

#### WHEN

Saturday, October 29, 2016

8:30am coffee and bagels 9:00am-1:00pm training

## **PRESENTERS**

Victories PGG Leaders

## **COST**

\$100, includes morning bagels and coffee

Scholarships and payment plans are available.

## **REGISTER**

admin@victoriesformen.org 312.604.5013

www.victoriesformen.org

CEU CREDITS: Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 4 CEU's for this training. Please indicate your interest in receiving CEU's when registering.

This training is an opportunity for men seeking to re-invigorate and bring new skills back to their own groups, have an additional day-long personal growth experience, or just simply have an opportunity to connect with other men in the Victories community sharing a desire to improve their lives.

#### The workshop will cover:

- What makes for a successful group, including generosity, accountability and leadership;
- How do we remove the blocks to our open-hearted connection?
- What do we do with our sense that the group isn't going deep enough?
- Introduction of additional exercises that will help men create powerful, deep and long-lasting groups;
- Methods to use when guiding a man's individual work, with a good deal of time set aside for participatory hands-on experience and practice; and
- A continuation of previous PGG workshops; however, there is no prerequisite to do this training.

Beginning a few years ago, all Victories Personal Growth Groups (PGGs) are led by trained facilitators. One of the necessary steps in becoming a lead facilitator is completion of this training. Anyone who is interested in facilitating PGGs should consider taking this training. While prior facilitation experience is helpful, it is not required to do this training.

Repeat registrations are also encouraged to gain more experience, hear the latest updates from PGG leadership, and share with fellow PGG facilitators best practices, and challenges faced.

