

# BEST SELF WEEKEND

Bring Forward Your Best Self

The Best Self Weekend provides an opportunity to do the following:

- Continue your personal journey and growth
- Celebrate and honor the changes you have made since your original weekend
- Discover what is uniquely best in you
- Work through what prevents you from being who you want to be
- Own, manifest, and celebrate your “Best Self”
- How do you want to show up in your relationships, care responsibly for yourself, and take action in our world?

“Heartwork” (psychodrama) will be an important part of the weekend, the balance of the weekend will offer completely different processes and experiences from the BreakThrough Weekend. Like all of Victories programs, this weekend is about connection, mutual support, and self-discovery.

Come join this powerful weekend! All alumni are welcome. We believe Best Self will be of interest to men in Victories Personal Growth Groups, PGGs. Attending a weekend program like this together is a great way to re-invigorate your group. Individuals not in a group are also encouraged to attend.

*Open to BreakThrough and Wisdom Years Alumni*

## DATE

May 4-6, 2018

## LOCATION

House in the Wood  
Lake Delavan, WI

## LEADERS

BreakThrough and Wisdom Years  
Weekend Leaders

## COST

\$790 (\$690 for sustaining members). Payment Plans and Financial Assistance are available.

## REGISTER

[admin@victoriesformen.org](mailto:admin@victoriesformen.org)

312.604.5013

[www.victoriesformen.org](http://www.victoriesformen.org)

**CEU CREDITS:** Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.

LEARN MORE...  
[VictoriesForMen.org](http://VictoriesForMen.org)

  
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Transforming The Lives Of Men