

JOINING A PERSONAL GROWTH GROUP (PGG)

Congratulations on completing a Victories weekend. The leadership team sincerely hopes that your experience was deep and meaningful. We would like to describe our personal growth groups and invite you to consider taking the next step in your own journey.

A weekend experience, like the one you just completed, opened your heart and allowed you to make some important personal commitments. However, following through on those commitments takes much time and effort and is fraught with the perils that brought you to the weekend in the first place. So, now you are faced with the decision of how best to implement the changes you identified during the weekend.

Many of our graduates have taken advantage of the opportunity to join an ongoing group of likeminded men who are committed to each other and to their own personal growth. Victories has offered support for such groups for more than 30 years. The program is very simple. You and your fellow graduates meet for about three hours every two weeks at a time and place selected by the group. For a fee of \$150 per man (scholarships available) payable at the end of the third meeting, Victories will provide trained peer facilitators for nine meetings during the first six months. Drawing on their own experience and the principles outlined in the PGG Participant Manual, our facilitators will help you get started, go deeper, and get unstuck.

The personal growth groups that develop following a weekend experience are autonomous, democratic and voluntary associations of men who choose to convene with each other for the purpose of deepening their own growth. This means that what happens in your group is up to the group, not the organization. While Victories will be responsible for providing a trained group peer facilitator for the first six months of the group's operation, it is important to note that by doing so, Victories has no responsibility -- legal or otherwise -- for the oversight, functionality or operation of any of the groups. That said, Victories will always remain available to provide support and facilitation for a group in need, and it will always work to serve as a robust resource for groups.

Most members of the weekend leadership team are still participating in their own groups. Some groups have been meeting regularly for ten years or more. For us, the group is not only a place of support and connection; it is also where we are held accountable for the commitments made to ourselves and others. Our groups have also been the source of many close friendships, and together we have faced life's big issues - marriage, divorce, children, death, and retirement. None of us regrets the time spent with his group.

Joining a personal growth group is not for everyone. Geography, other obligations, or a clear sense that this is just not for you may point you in a different direction. However, if you are interested, we ask that you just consider making a commitment to your group and to this process for six months, after which you can leave if the experience does not meet your expectations.

If you would like to read more about the groups program and what to expect, as well as guidelines and protocols, you may view a pdf of the PGG Participant Manual on the Victories website under the "Groups" section of the website.

PERSONAL GROWTH GROUP REGISTRATION FORM

I wish to join the personal growth group from the _____ weekend.
(Weekend Dates)

Circle One: BreakThrough or Wisdom Years

_____ A check for \$150 is enclosed, payable to **Victories of the Heart, NFP**

_____ I will pay online.

- Go to www.victoriesformen.org
- In right hand side bar, click "Personal Growth Group Registration"
- Click green "Register Now" button and follow the steps

_____ Per my scholarship agreement, I can pay \$_____. For those on scholarship, payment can either be added to your payment plan or paid in its entirety by check or credit card.

_____ Please charge \$150 to my credit/debit card: (Circle One) MC Visa Disc AmEx

Card Number: _____

Expiration Date (mm/yy): _____ / _____

Name (as it appears on the card): _____

Billing Address: _____

Signature: _____

Date: _____