



# BREAKTHROUGH WEEKEND

There can be times when men feel the need to build more fulfilling relationships, gain new perspectives on old problems, or rediscover the best in themselves... times when they struggle to feel connected, confident, and calm. There can also be times in the pursuit of change when they feel blocked by inner obstacles that they can neither push aside nor fully understand.

During this powerful retreat led by experienced facilitators, a man can find a safe, supportive, and confidential place to look inward and share what he sees. Through goal setting, communication exercises, group discussion, and psychodrama, he can explore his past and its impact on his present, identify and express his emotions, build new connections with other men, and learn that much of what bothers him bothers us all. In the process, he can also begin to break through those blocks that stand between the life he lives and the life he seeks.

As a result, he can also take a giant step towards more fulfilling relationships with family and friends, more positive feelings about himself, and more optimistic prospects for the future.

## 2018 DATES

Feb 23-25, Apr 20-22, Jun 1-3  
Sep 28-30, Oct 26-28, Nov 30-Dec 2

## LOCATION

House in the Wood  
Lake Delavan, WI

June Weekend:  
Camp Emmaus, Mt Morris, IL

## COST

\$790 (\$190 nonrefundable deposit reserves space)  
Payment Plans and Financial Assistance Plans are both available.

## REGISTER

admin@victoriesformen.org  
312.604.5013  
[www.victoriesformen.org](http://www.victoriesformen.org)

**CEU CREDITS:** Individuals with LCSW, LCPC, LMFT, and licensed Psychologists are eligible to receive 15 CEU's. Please indicate your interest in CEU's when registering.

LEARN MORE...  
[VictoriesForMen.org/btw](http://VictoriesForMen.org/btw)

  
Transforming The Lives Of Men